

# Guiding Questions

Helpful questions to encourage discussion and activities related to Kumukahi videos



Topic: **PULE**  
 Part of: Mana chapter, Ke Ao Akua realm  
 Host: Keola Akana  
 Guest: 'Ōpu'ulani Albino  
 URL: <http://www.kamehamehapublishing.org/kumukahi/>

## Specific questions

1. Auntie 'Ōpu'ulani shared that pule is an expression of deep aloha for God. What are other ways to show aloha for God? How do you show aloha to someone you truly love?
2. Auntie 'Ōpu'ulani also said that pule comes from the na'au, which is where our thoughts and feelings come from. Why is the na'au important in pule?
3. What kinds of things do people pray for? Where are appropriate places to pule? And at what times?
4. People might pray for the blessings of a good life. What are you thankful for and might consider a blessing?
5. Pule is done in many different religions and in many different languages. Have you heard a pule done in a language other than English? If so, how did it open? And how did it close? Why might there be a common way to begin and end a pule?
6. A famous saying for the island of Moloka'i is "Moloka'i pule o'o," or "Moloka'i of the strong prayers." What makes a prayer strong? In light of this saying, what were the benefits of interviewing a native of Moloka'i on the island of Moloka'i for the topic of pule?

## General questions

- What does this video teach us about Hawaiian knowledge and its relevance today?
- How does this video relate to other aspects of Hawaiian culture you've learned or experienced?
- How can we keep these cultural practices alive today and in future generations?