Guiding Questions
Helpful questions to encourage discussion and activities related to Kumukahi videos

Specific questions
1. What are loina? Where do loina come from? And why are loina important?
2. Loina don’t have to be something big. Often it’s the small things that make up family traditions. In your ‘ohana, what are some of your favorite traditions? How did you learn these loina?
3. How are your ‘ohana’s traditions different from those of your friends? Are there also some similarities?
4. Sometimes the ‘ōpio, or younger generation, are not interested in things their parents and grandparents enjoy. Should the ‘ōpio participate in the loina of their elders even if they don’t want to? Why or why not?
5. Draw a family tree with a trunk, leaves and branches. Instead of inserting names of your ‘ohana, list the traditions and interests of each family member. Are there similarities from generation to generation? Can you see any patterns?
6. In some cultures, opening your mouth while you eat and making eating noises is considered rude, while in other cultures, it can show your enjoyment of the food. When we are in another country or even another family’s house, how can we ensure that we are respecting their loina?

General questions
• What does this video teach us about Hawaiian knowledge and its relevance today?
• How does this video relate to other aspects of Hawaiian culture you’ve learned or experienced?
• How can we keep these cultural practices alive today and in future generations?