

Guiding Questions

Helpful questions to encourage discussion and activities related to Kumukahi videos



Topic: **HULA**
 Part of: Mana chapter, Ke Ao Akua realm
 Host: Keola Akana
 Guest: Nāpua Makua
 URL: http://www.kumukahi.org/units/ke_ao_akua/mana/hula

Specific questions

1. What is hula?
2. Why is “Lili’u ē” the first mele hula that ‘Anakē Nāpua teaches her students?
3. Hula is a family tradition for ‘Anakē Nāpua and her daughters. What are some family traditions that are important to you and your ‘ohana? Are there some new traditions you would like to begin?
4. How is hula different from dances from other cultures?
5. In many of Hawai‘i’s elementary schools, hula is part of May Day celebrations. Should more opportunities for hula be included throughout the year? Why or why not?
6. Hula requires strength, endurance, skill, and concentration. Think of a person in your class who is part of a hālau. Look at that person’s posture and ways of doing things. Ask about their hula practices and what they do to become strong and focused.

General questions

- What does this video teach us about Hawaiian knowledge and its relevance today?
- How does this video relate to other aspects of Hawaiian culture you’ve learned or experienced?
- How can we keep these cultural practices alive today and in future generations?